

# THE SEAGULL FLYER

*The latest news and updates from Brighton Seagulls J.R.L.F.C*



## WELCOME TO SEASON 2020

Following the announcement from the NSW Government and NSWRL, community rugby league competitions have been permitted to resume on July 18th – and we are excited to be starting season 2020!!

Brighton Seagulls committee and volunteers have been working hard behind the scenes to ensure that we start our 2020 Season with all the correct Covid procedures in place to guarantee the health and safety of our players, coaches and all participants.

Throughout this newsletter, we will provide all the necessary information and restrictions that are now put in place for NSW Junior Rugby League.

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# RETURNING TO PLAY

As a first step, all Clubs were required to appoint a COVID-19 Safety Officer. Brighton Seagulls appointed our club secretary, Josh Miles [m. 0499 612 748].

This role is vital, as they will oversee the development, implementation and adherence to the Returning to Play (RTP) guidelines.

- All participants are requested to have the COVID-19 app downloaded to their phone.
- Team Management will be required to undertake symptom checks of their teams players prior to commencing any activity.
- Participants at training will be restricted to players, the coach and one trainer.
- Parents are to remain outside of playing areas and to maintain social distancing at all times.
- We recommend that all parents and spectators watch from their cars where possible.
- Due to lighting of the field and ages of players, training times/days are limited which is necessary for us to adhere to the NSW Gov. protocols of returning to play.



**All game times & locations will be confirmed by your managers closer to this date.**



Social distancing 1.5m



Stay at home if you're sick



Wash your hands regularly and cover cough



# NSWRL cares

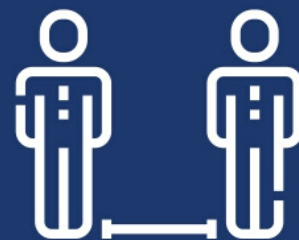


## Footy is back

but we still need to adhere to COVID-19 guidelines

- When spectating or attending ensure you keep a distance of 1.5m between yourself and others.
- Don't participate/ attend if you are unwell, have been in contact with a known COVID-19 case or travelled internationally in preceding 14 days.
- Only essential participants should attend.
- Child/ participant accompanied by only one adult/ guardian where possible.
- Arrive /leave as close to the game start/finish times as possible.
- The changeroom areas only for players, officials and essential staff.

**1.5m**





# GENERAL INFORMATION



This year the Seagulls will be fielding 7 teams from Under 6's through to Under 12's.

## Appointed Coaches

Shane O'Brien (U.12), Andrew Ditchburn (U.11), James Brickwood (U.10), Adrian Bourke (U.9), Luke Palaez-Hayes (U.8), Josh Miles (U.7) and Renee Hart & David Kopar (U.6).

## Appointed Managers

Jamie Gauci (U.12), Francesca Tait (U.11), Sarah Wood (U.10), Anna Hristova (U.8), Steve Seymour (U.6).

## Managers are required for: Under 9's and Under 7's.

Volunteers keep our club alive - If you are interested in getting involved through these positions please make yourself known to your team coach, President Bruce Hartley or Secretary Josh Miles.

## Training and Game Day Information

Rugby League is a team sport where training and preparation are essential for players to develop the skills necessary to participate at a level that allows every player to have fun and make a meaningful contribution to a teams on field success.

Coaches spend considerable time analyzing the skills of players and planning sessions to improve aspects of each player's game. We ask that parents respect the time being given voluntarily by coaches and team officials to try and ensure your child's playing experience is a positive one.

Please ensure your child attends training regularly. In the event that your child is unable to attend training for some reason, please advise your team coach or manager as soon as possible so that adjustment to training sessions can be made if necessary.

## Wet Weather

In the event of wet weather you should assume training is on as usual. If training needs to be cancelled your team coach or manager will notify you.

# 2020 SPONSORS

Club Major Sponsor



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BUILD WELL LIVE WELL

Club Sponsor

# RamsgateRSL

Team Major Sponsors



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AUSTRALIA



Team Sleeve Sponsors



# DRAW - SATURDAY 18TH JULY

SCARBOROUGH PARK			
SCARBOROUGH PARK - MICRO FIELD 1			
9:00:00 AM	Under 6	Brighton Seagulls U/6	Penshurst RSL (Gold)
9:50:00 AM	Under 6	Kingsgrove Colts U/6 (Red)	Riverwood Legion U/6
10:40:00			
AM	Under 6	Kingsgrove Colts U/6 (Blue)	Arncliffe Scots U/6
SCARBOROUGH PARK - MICRO FIELD 2			
9:00:00 AM	Under 7	Brighton Seagulls	Riverwood Legion
9:50:00 AM	Under 7	Penshurst RSL	Kingsgrove Colts
SCARBOROUGH PARK - MINI FIELD 1			
9:30:00 AM	Under 8 - 2x8min	Brighton Seagulls U/8	Kingsgrove Colts (Blue)
9:50:00 AM	Under 8 - 2x8min	Penshurst RSL	Brighton Seagulls U/8
10:10:00			
AM	Under 8 - 2x8min	Kingsgrove Colts (Blue)	Penshurst RSL
10:30:00			
AM	Under 9	Penshurst RSL	Riverwood Legion
11:20:00			
AM	Under 9	Brighton Seagulls	Arncliffe Scots
SCARBOROUGH PARK - MOD FIELD			
11:30:00			
AM	Under 10	Brighton Seagulls	Penshurst RSL
12:30:00			
PM	Under 10	Arncliffe Scots	Kingsgrove Colts
1:30:00 PM	Under 11	Brighton Seagulls	Penshurst RSL
SCARBOROUGH PARK - INTERNATIONAL FIELD			
2:30:00 PM	Under 12	Brighton Seagulls	Penshurst RSL
3:30:00 PM	O35 Men's League Tag	Brighton Seagulls	Kingsgrove Colts